

PLC Statement

The leadership challenge I will be describing has to do with my personal life. Not only does it apply to my personal life, but it can surround me in the environments I choose to be in. My statement is, being careful who I give my energy towards, if I know I'm not going to receive much back. The major players within this challenge are myself and the people I surround myself daily with such as my friends. The roles I attain on a daily basis are being a roommate, student, sister, and member of Alpha Chi Omega. Along with this, my interests contain the study of psychology, interior design, music, fashion, the universe itself, and the differences in religions. On the other hand, my friends here at the University of Kansas play the roles such as a roommate, sister, student, and member of an organization. Their interests consist of books, music, the study of business, the study of film, how communication studies influence our social behaviors, religion, and fashion. Therefore, my friends and I share many of the same similarities! Moving along, the actions I have continued to push myself into becoming a habit are reducing the amount of forgiveness, care, and grace to those I call my friends. The reason for listing those components is due to noticing those are the characteristics I freely hand out to others. The result of doing that has made me mentally tired and ask myself why I still do so? A more in-depth example of a concrete action I've taken against this challenge is no longer picking up after my roommates. One of my roommates brought the vacuum downstairs and left it on the stairs. It was blocking the stairs, so there wasn't much room to go up and down the stairs. The usual me would notice that it had been sitting there for hours and put it back in the laundry room, however I didn't, and it sat there for five hours. This specific roommate was also doing nothing but laying on the couch. It may sound silly, but if someone were to live in the house, they would understand that it's a daily occurrence. It has become such an occurrence that I can state that a few of my roommates are lazy and expect now that I'll pick up their stuff. One of my love languages is doing things for others that are considered as their normal, daily tasks. These can be things such as picking up items they didn't put away, moving their dishes to the sink, or cleaning up around the house we all live in. Also, I feel that it's difficult to be productive and mobilize yourself in a space that's not tidy. In a shorter reference, you could say that I complete a series of "leftover" things. From it being a daily challenge, it mentally tires me out. An analogy I can use for this challenge is that I feel like I'm a mother to some of my roommates. I've had to realize that I'm in charge of completing other tasks throughout the day that are way more important. I realized that it's more important to manage myself through redirecting the energy I put into keeping the space around me tidy. It's important that I redirect my energy not only to the tasks I'm in charge of completing, but to the specific things I'm interested in. Instead of growing more towards completing the same habits, I want to grow towards my interests that have yet been discovered, or in other words, barely touched. In conclusion, I intend to keep working alongside this challenge as it may seem technical to others, it feels much more as an adaptive challenge once you're doing the work in it such as mobilizing others, lowering the heat personally, and managing yourself.